

THRIVE DANCE STUDIO PRESENTS..

THRIVE'S SUMMER SEASON GUIDE 2019

CLASSES AND CAMPS
FOR ALL AGES





INTRODUCING THRIVE'S NEW

SUMMER SEMESTER

DANCE PROGRAMS

Weekly training classes
through out the summer

WE'RE THRIVING THROUGH THE SUMMER!



www.thrivedance.ca
thrivedancestudio@gmail.com



THRIVE'S *NEW* SUMMER SEMESTER 2019

Continue Thriving through the summer!

SCHEDULE

TUESDAY	TUESDAY	TUESDAY	THURSDAY	THURSDAY	THURSDAY
UPPER/ COMPANY PROGRAM 4-7pm	PRIMARY/MINI PROGRAM 4-5pm	SILKS BEGINNER 4-5pm	UPPER/ COMPANY PROGRAM 4-7pm	PRIMARY/MINI PROGRAM 4-5pm	
	JUNIOR/ INTERMEDIATE PROGRAM 5-7pm	SILKS INTERMEDIATE /ADVANCED 5-6pm		JUNIOR/ INTERMEDIATE PROGRAM 5-7pm	
		SILKS ADULT 6-7pm			ADULT BALLET 6-7pm
ACRO FUNDAMENTALS 7-8pm			HIP HOP FUNDAMENTALS 7-8pm		

DETAILS

LEVEL	DESCRIPTION	TIME	DAYS
Upper/Company Program [Approx ages 12+ and teacher approval]	Dancers will train in a variety of dance styles such as ballet, contemporary, jazz, strength, and more! A well-rounded program for the eager dancer.	3 hours 4-7pm	Tuesdays [8 weeks] July 9th-August 27th
Upper/Company Program [Approx ages 12+ and teacher approval]	Dancers will train in a variety of dance styles such as ballet, contemporary, jazz, strength, and more! A well-rounded program for the eager dancer.	3 hours 4-7pm	Thursdays [8 weeks] July 11th-August 29th

LEVEL	DESCRIPTION	TIME	DAYS
Junior/Intermediate Program <i>[Approx ages 8-12]</i>	Dancers will train in a variety of dance styles such as ballet, contemporary, lyrical, strength, and more! A well-rounded program for the eager dancer.	2 hours 5-7pm	Tuesdays [8 weeks] July 9th-August 27th
Junior/Intermediate Program <i>[Approx ages 8-12]</i>	Dancers will train in a variety of dance styles such as ballet, contemporary, lyrical, strength, and more! A well-rounded program for the eager dancer.	2 hours 5-7pm	Thursdays [8 weeks] July 11th-August 29th
Primary/Mini Program <i>[Approx ages 5-7]</i>	Dancers will explore a variety of dance styles such as ballet, musical theatre, hip hop, and more!	1 hour 4-5pm	Tuesdays [8 weeks] July 9th-August 27th
Primary/Mini Program <i>[Approx ages 5-7]</i>	Dancers will explore a variety of dance styles such as ballet, musical theatre, hip hop, and more!	1 hour 4-5pm	Thursdays [8 weeks] July 11th-August 29th
Silks Beginner <i>[Approx ages 8-17]</i>	Aerial acrobats will wrap, climb, suspend, fall and spiral into and out of various positions at various heights in two pieces of stretch fabric. A fun and creative way to improve strength and flexibility, while challenging yourself.	1 hour 4-5pm	Tuesdays [8 weeks] July 9th-August 27th
Silks Intermediate/ Advanced <i>[Approx ages 8-17 and teacher approval]</i>	Aerial acrobats will wrap, climb, suspend, fall and spiral into and out of various positions at various heights in two pieces of stretch fabric. A fun and creative way to improve strength and flexibility, while challenging yourself.	1 hour 5-6pm	Tuesdays [8 weeks] July 9th-August 27th
Silks Adult <i>Open to all levels</i>	Aerial acrobats will wrap, climb, suspend, fall and spiral into and out of various positions at various heights in two pieces of stretch fabric. A fun and creative way to improve strength and flexibility, while challenging yourself.	1 hour 6-7pm	Tuesdays [8 weeks] July 9th-August 27th
Hip Hop Fundamentals <i>[Approx ages 8+]</i>	Like many other forms of dance, Hip hop has various techniques under it's umbrella. Learn the fundamentals of styles such as house, tutting, waacking, and more!	1 hour 7-8pm	Thursdays [8 weeks] July 11th-August 29th
Acro Fundamentals <i>[Approx ages 8+]</i>	Combining dance and gymnastics skills, dancers will train in the fundamentals of acrobatics within styles such as: tumbling, hand balancing, partnering, and other acro skills such as chest stands.	1 hour 7-8pm	Tuesdays [8 weeks] July 9th-August 27th

LEVEL	DESCRIPTION	TIME	DAYS
Adult Ballet [Open to all levels]	Whatever your ability, we hope to inspire you to <i>thrive</i> and gain strength and confidence through dance. Sweat and smile in this fun, loving, energetic ballet class.	1 hour 6-7pm	Thursdays [8 weeks] July 11th-August 29th

PRICING

TOTAL LENGTH OF CLASSES PER WEEK	TOTAL COST (including GST) PER MONTH
1 hour	\$47.25 /month
2 hours (2% DISCOUNT)	\$92.61 /month
3 hours	\$134.66 /month
4 hours	\$179.55 /month
5 hours (10% DISCOUNT)	\$212.63 /month
6+ hours (UNLIMITED)	\$255.15 /month (CAP)

First month's tuition will be charged upon registration. Second month's tuition will be charged August 1st.
 *Payments are accepted via cash, cheque, credit, or charge to account. *Cash payments accepted for full two month session upfront.

2019/20 COMPETITIVE STUDENT REQUIREMENTS:

Any student intending on Competing in our 2019/20 season is required to participate in Thrive's summer programs to a certain degree.

- Anyone competing in ballet, lyrical, jazz, contemporary, musical theatre, or tap needs to participate in the **Summer Semester Program for their level** and needs to attend 8 of the 16 classes offered to them through out the summer. *For those that have conflicting holidays booked please contact the office.
- Anyone competing in acro must participate in the **Acro Fundamentals** class running Tuesdays all summer. *For those that have conflicting holidays booked please contact the office.
- Anyone competing in hip hop must participate in the **Hip Hop Fundamentals** class running Thursdays all summer. *For those that have conflicting holidays booked please contact the office.
- We will be holding **Wednesday Choreography sessions** for competitive groups to begin and get a great portion of choreography finished before our 19/20 season begins. This is to alleviate some of the stress and hustle of learning all choreography for all pieces during the school year. Upon registering for your regular yearly classes in June, please let us know which Wednesdays are open in the summer for learning new choreography.

Choreography session pricing for Group dances:

- 1 dance \$75 [3 hour session]
- 2 dances \$60/dance [3 hour session each dance]
- 3 or more \$45/dance [3 hour session each dance]

THE TODDLER TASTER

Explore. Discover. Dance.

Through DISNEY favourites, your tiny dancer will soar with Peter Pan, sail with Moana, and climb ice castles of imagination with Elsa! This fun-filled camp offers a taster to a variety of dance styles each day including ballet, hip hop, and acro.

Date: July 22,24,26 and August 19,21,23

Time: 9-10am

Age: 2-3yrs

Cost: Early bird \$40+GST / Regular \$45+GST

TRIP TO THE CIRCUS

KIDS DANCE CAMP

DANCE. ACT. CRAFT.

This exciting camp will have your little person balancing like a ballerina, cartwheeling like a clown, and monkeying around non-stop! Campers will explore a variety of dance styles including ballet, acro, hip hop, and musical theatre!

Date: July 22,24,26 and August 19,21,23

Time: 10-12pm

Age: 4-6yrs

Cost: Early bird \$80+GST / Regular \$85+GST

KIDS

yoga CAMP

A white silhouette of a person in a yoga pose, specifically a tree pose (Vrikshasana), standing on the letter 'P' of the word 'CAMP'.

BREATHE & GROW

Campers will jump on their magic yoga mat and fly to their secret garden of meditation. They'll be soaring into eagle pose, breathing like bumble bees, and crawling like crabs-A camp packed full of imagination, creative activities, and fun yoga postures.

Date: August 6,7,8,9

Time: 9-12pm

Age: 4-7yrs

Cost: Early bird \$120+GST / Regular 130+GST



THRIVE SUMMER CAMPS 2019

LEVEL	DESCRIPTION	TIME	DAYS	PRICE
TODDLER TASTER [Ages 2-3yrs]	Through DISNEY favourites, your tiny dancer will soar with Peter Pan, sail with Moana, and climb ice castles of imagination with Elsa! This fun-filled camp offers a taster to a variety of dance styles each day including ballet, hip hop, and acro.	9-10am	July 22-26th Monday, Wednesday, Friday	Early bird \$40+GST Regular \$45 +GST
TODDLER TASTER [Ages 2-3yrs]	Through DISNEY favourites, your tiny dancer will soar with Peter Pan, sail with Moana, and climb ice castles of imagination with Elsa! This fun-filled camp offers a taster to a variety of dance styles each day including ballet, hip hop, and acro.	9-10am	August 19-23rd Monday, Wednesday, Friday	Early bird \$40+GST Regular \$45 +GST
TRIP TO THE CIRCUS KIDS CAMP [Ages 4-6]	This exciting camp will have your little person balancing like a ballerina, cartwheeling like a clown, and monkeying around non-stop! Campers will explore a variety of dance styles including ballet, acro, hip hop, and musical theatre!	10-12pm	July 22-26th Monday, Wednesday, Friday	Early bird \$80 +GST Regular \$85+GST
TRIP TO THE CIRCUS KIDS CAMP [Ages 4-6]	This exciting camp will have your little person balancing like a ballerina, cartwheeling like a clown, and monkeying around non-stop! Campers will explore a variety of dance styles including ballet, acro, hip hop, and musical theatre!	10-12pm	August 19-23rd Monday, Wednesday, Friday	Early bird \$80 +GST Regular \$85+GST
YOGA CAMP [Ages 4-7]	Campers will jump on their magic yoga mat and fly to their secret garden of meditation. They'll be soaring into eagle pose, breathing like bumble bees, and crawling like crabs-A camp packed full of imagination, creative activities, and fun yoga postures.	9-12pm	August 6-9th Monday- Thursday	Early bird \$120+GST Regular \$130+GST

****Early bird rate ends June 15th 2019**

Tuition processed upon registration. Please fill out registration form online thrivedance.ca or in Thrive Dance Studio office.

Payments accepted via cash, cheque, credit, or charge to account for Thrive members



HOW TO REGISTER

1. **VISIT** thrivedance.ca
2. **SCROLL** down on homepage to find SUMMER SEASON ad
3. **CLICK** and follow prompts to fill out our SUMMER SEASON REGISTRATION FORM
4. **SUBMIT**
5. **PAY** by visiting us during office hours or calling us (778 366 0796) to make a payment by cash, cheque, credit, or on account (Thrive members only)

OFFICE HOURS:

Monday-Thursday 3:30 - 7:30pm

Friday 3:30 - 6:30pm

Saturday 9:00 - 11:00am

Sunday CLOSED

Holidays CLOSED

Summer Hours may differ from those listed above. Please contact us via email thrivedancestudio@gmail.com or call us